



AMERICAN ASSOCIATION OF NATUROPATHIC PHYSICIANS

# Naturopathic Physician

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## In This Issue

[CEO Update](#)

[Patient Education](#)

[Student Expressions](#)

[Advocacy Update](#)

[Continuing Education](#)

[Partnership with AANMC](#)

[Events and Announcements](#)

[Career Opportunities](#)



### CEO UPDATE

## Naturopathic Policies Gaining Momentum

At our recently concluded DC FLI, Dr. Lorilee Schoenbeck, chair of AANP's State and Federal Affairs Committee, stood at the microphone. She asked Dr. Denise Clark to join her at the podium. Dr. Clark was not on the agenda, and most people in the room didn't know who she was. When Denise arrived at the podium, Lorilee announced, "Dr. Clark is the President of the Colorado Association of Naturopathic Doctors." With that, the room erupted into wild celebration. I don't think I'll ever forget that moment. [Continue reading.](#)

### FOR PATIENT EDUCATION

## Who Needs the Gym when You Have Nature?

*Written by Blake Myers, Bastyr ND Candidate* - It's that time of year again! When the Earth reminds us that it is time to begin to blossom out of our hibernated winter states and feed ourselves with the gifts of spring. [Continue reading.](#)

**Read Frankincense's Efficacy in Treating Osteoarthritis, Social Media for Integrative Medicine Businesses, N-Acetylcysteine and Fertility in PCOS, and more in the May issue of the Natural Medicine Journal!**



**Read, view and listen to news appearances by NDs in the AANP Newsroom.**



Keystone Mountains in Colorado - the location of the 2013 AANP conference.  
[Register here.](#)

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#### STUDENT EXPRESSIONS

### Practice what you preach (Walk Your Talk)



*Written by Krystal Plonski, Bastyr ND Candidate - I have been in Naturopathic medical school for 4 years now, and during those 4 full years, I have not had the opportunity to take a vacation during any break between quarters. But, this spring break, I decided to make a much-needed exception. My significant other and I decided to attend a yoga retreat in Mexico, located 30 minutes south of Puerto Vallarta, accessible only by panga, in the state of Jalisco. Frequently on this retreat, I found myself tying the Naturopathic Therapeutic Order into activities.*

[Continue reading.](#)

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#### ADVOCACY

### The DC FLI: A Resounding Success

May 14's DC FLI featured an array of outstanding presentations, in-depth experience sharing, upbeat messages from health care insiders, meetings held in many congressional offices, and a Whole Health Fair that was a hit! If you weren't part of the 2013 DC FLI, resolve to be next year! Naturopathic medicine's premier advocacy event (the 10th anniversary FLI, in fact) emanated vibrancy, solidarity, and a resolve to make greater inroads into health care policy nationally. [Continue reading.](#)

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CONTINUING EDUCATION

## AANP Hosts a Diverse Program at the 2013 Naturopathic Family Gathering



### Clinical Pearls

- Manipulation Pearls: Practical Applications
- Herbal Tea Practicum: The World of Healing in a Simple Cup of Tea
- Clinical Anecdotes: What works

### Cancer

- Breast Cancer in Clinical Practice (Hosted by OncANP)
- Anti-inflammatory Lifestyle for Prevention and Treatment of Cancer: Facts and Fiction
- Integrative Medicine: Approaches to Managing Cancer Fatigue
- The Connection between blood glucose levels and cancer

### Education & Research

- The Heart of Naturopathic Medicine in Naturopathic Medical Education
- Systematic Review of Whole Practice Naturopathic Medicine
- Improving Diagnostic Accuracy: Using evidence based medicine in diagnosis

### Women's Health

- Treating Women from Pre-conception to Delivery: Clinical pearls based on the best scientific evidence available in 2013
- Preserving the Gateway to Life: HPV Prevention and Escharotic Treatment of Cervical Dysplasia

### Treating the Gut

- Vitamin B12 Update: What we know and don't know
- Fecal microbiota transplantation

## Mental Health

- Naturopathic Psychiatry: Looking through a wide angle lens
- Nutrients to Make Those Antidepressants Actually Work and Reduce Side Effects

## And More Walking Our Talk...

- The Diversity of the Vis Medicatrix Naturae
- Updates in Pharmacy: What's New, What's Gone, What's Off-Label that's Useful
- Naturopathic Approaches to Care of Children and Adolescents with Asthma & Allergies
- Hormesis: Its Biomedical Foundations and Therapeutic Implications
- Back to the Future: Why vitalism is the "new" medicine
- 2013 Autism Update: Current research and emerging treatments
- Health Reform in the 21st Century: Can naturopathy thrive and change health Care in the process?
- The Patient in Nature: A symbiotic relationship
- It's our JOB. Join One in Both: Primary care naturopathic medicine with conventional urgent care
- Botanical Medicine Update
- Emerging Biomarkers for Cardiovascular Disease Risk: How to Assess Residual Risk

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IN PARTNERSHIP

## Free AANMC Webinar: The Growth of Naturopathic Medicine as a Profession and Practicing in Licensed and Unlicensed States

Whether you're a prospective student, enrolled in ND school, or starting your own practice, this presentation by two leaders in the field of naturopathic medicine will give you valuable insight into the development of the profession, current legislative initiatives and licensure regulations.

**Register Now!**

[www2.gotomeeting.com/register/945810866](http://www2.gotomeeting.com/register/945810866)

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## HAPPENING IN THE COMMUNITY

**Events and Announcements**

Visit the [AANP Events Calendar](#) for a full listing of what is happening in the naturopathic community.

**American Herbal Community Mourns Death of Cascade Anderson Geller**

*Written by Lynda E. LeMole of American Botanical Council*

Beloved American herbalist, educator, and environmental activist Cascade Anderson Geller

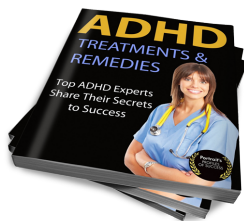


died on HerbDay, May 4, 2013, at age 59, following a few-month illness. She was surrounded by her family and loved ones at her home in Portland, Oregon. The sudden and sad news of her passing was, "like a big tsunami of grief rocking the green world," said long-time friend and fellow herbalist Rosemary Gladstar. The large herbal social networking

community has been flooded for the past few days with posts of loss, memories, gratitude, and loving tribute to a contemporary American herbal legend. [Continue reading](#). Full Tribute [available here](#).

**NCNM Launches Traditional Roots Institute**

The National College of Natural Medicine today announced the launch of its newest community-education initiative, the Traditional Roots Institute. The organization's mission is to raise awareness and forge a deeper understanding of the healing power of botanical medicine. The new herbal institute will offer a wide range of lectures, workshops, herb walks and conferences to appeal to the interests of both healthcare professionals who want to expand their understanding of herbal therapies, and the general public who want to deepen their understanding of plants and botanical medicine. Traditional Roots Institute joins NCNM's growing roster of educational programs and organizations for the public, which includes the Women in Balance Institute, the popular Food as Medicine Everyday cooking classes and the ECO Project workshops. [Continue reading](#).



**Congratulations to Dr. Jamie Oskin!** Oskin wrote chapter 7 of the new Kindle Book, *ADHD Treatments and Remedies: Top ADHD Experts Share Their Secrets to Success*. The book is [available for purchase here](#).

**Spreading Awareness of Naturopathic Medicine** The month of June is filled with national, federally recognized health education topics: National Great Outdoors Month, National Scleroderma Awareness Month, National Headache Awareness Week (6/1-6/7),

National Cancer Survivors Day (6/2), and National Men's Health Week (6/10-6/16). AANP is looking for article submissions to distribute to the naturopathic community and consumers on these topics. Interested AANP promoting and marketing your work? Please email articles to [communications@naturopathic.org](mailto:communications@naturopathic.org).

**Salem Botanicals -- WE WILL MANUFACTURE YOUR PRODUCTS IN SMALL QUANTITY!** GMP Certified, family owned manufacturing company in US will develop your product line. We do herbal tinctures (alcohol and non-alcohol based), size 1 capsules (300 mg), digestible and tropical oils, herbal teas, dry herbs. All packaged to your specification in bottles, pouches, boxes etc. **SORT RUN is our specialty.** For more information [visit our web site](#) or [email us](#). We are happy to help you grow your practice!

### **International Medical Graduates Commence First-ever Naturopathic Medicine Program Delivery Designed for Foreign-trained Professionals**

The IMG program delivery, launched by the Canadian College of Naturopathic Medicine (CCNM), offers graduates of medical schools an opportunity to further their health care careers in Canada. Applicants to the CCNM program have demonstrated their knowledge through successful completion of either the Medical Council of Canada Evaluating Examination (MCCEE) or the United States Medical Licensing Examination Part I (USMLEI). IMGs have education and expertise that is valued in Canada. Through the bridge delivery of its naturopathic medical program, CCNM is providing access to education for those who wish to further enhance their knowledge and skills for a successful health-care career in Canada. [Continue reading full press release.](#)

**ND Seeks Advice** An ND of a non-profit sliding scale clinic that offers massage, acupuncture and naturopathic services also has a private practice. The clinic has just signed a contract for a new space just down the street from the private practice. The ND is trying to help the new clinic create a differentiation between all three clinics that is clear for the public and all employees. One suggestion has been that the new clinic should be focused on women's health for gyns, etc., and maybe IV only. The ND hasn't done this before and would like some peer advice on the separation of clinics or styles before putting agreements to paper. Any help would be lovely. [Please contact via email.](#)

### **AANP Welcomes New Members to the Community** [Naturopathic Physicians:](#)

Anne Williams; Jacqueline Blakely; Delayne Gratopp; Ashley Boudet; Sara Gillham; Emily Simonis; Anna Wieman; Mary Minor; Sarah Cook; Lina Sbrocco; Lisa Drost; Nina Paroo; Robyn Barlow; Babbie Lester. [Naturopathic Students:](#) Theresa Powers; Sarah Formica; Wafaa Matti; Dylan Shanahan; Christian Gonzalez; Joelle Fox; Elizabeth Yori; Ellerie Nagy.

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#### CAREER OPPORTUNITIES

### [Latest Postings to AANP's Job Board](#)

The AANP has an online job board, where you can post your help wanted, residency opportunities, and practice for sale ads. Two-month postings are free for members and \$100 for non-members. If you have questions about the job board, [email us](#).

- [Integrative Oncology Associate](#)
- [Space for Rent](#)
- [Naturopathic Doctor Position in Maine](#)
- [Nurse Practitioner, Columbine Health Systems](#)
- [Pediatrics and acupuncture](#)
- [Licensed ND in Bakersfield, CA, ASAP](#)
- [SCNM Program Director for Nutrition](#)
- [SCNM Dean of Instruction](#)
- [Naturopathic Physician at CTCA](#)
- [Naturopathic Physicins at Valley Medical](#)
- [Practice For Sale: Bamboo Clinic](#)
- [Marketing Manager, ZRT Laboratory](#)
- [Assistant Professor of Clinical Sciences - College of Naturopathic Medicine](#)
- [Locum Tenens - 1 Yr Term - Busy Primary Care Practice Salem/Portland](#)
- [Integrative MD/DO or ND Wanted!](#)
- [Pacific Quest Wellness Physician](#)

[Click here](#) for all job postings.

*The AANP does not endorse any one product over another. The statements made in display advertisements, sponsor or corporate partner messages, or classified messages in the Events and Announcements section of the eNews do not necessarily reflect AANP's position. They are the thoughts of the author. If you have questions, please contact us at [communications@naturopathic.org](mailto:communications@naturopathic.org).*

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