

American Association of Naturopathic Physicians

Our Vision

Naturopathic physicians will guide and empower people to discover and experience improved health, optimal wellness, and effective management of disease through the principles and practices of naturopathic medicine.

How NDs Practice

Approximately 4,400 naturopathic doctors (NDs) who have graduated from accredited 4-year medical colleges are currently practicing in the U.S.

- Total enrollment in the medical colleges has increased nearly 10% over the past decade.
- In 2012, new applications were up 8.2% from the previous year.
- Accredited naturopathic medical schools graduate nearly 500 new doctors each year.

Naturopathic physicians are unique in that:

- Fully 50% work with underserved populations.
- Two-thirds have instituted 'green living' into their practices; more than 60% are members of various environmental groups.
- 69% are in solo practices or are principals in a clinic environment.
- 73% of physicians are women.
- Approximately the same percentage of patients are women.

The top 5 ailments that patients seek care from a naturopathic physician are:

- Women's Health
- Gastroenterological Issues
- Fatigue
- Endocrinological Issues
- Allergies/Asthma

Naturopathic Medical Colleges

There are currently seven accredited naturopathic schools in North America. Each of the schools is accredited by the Council on Naturopathic Medical Education (CNME), the U.S. Department of Education-approved accrediting agency for Naturopathic colleges and programs in the United States and Canada.

Students and graduates of Naturopathic colleges and programs accredited or pre-accredited by CNME are eligible to apply for the Naturopathic Physician Licensing Examinations (NPLEX) as administered by the North American Board of Naturopathic Examiners (NABNE), and are generally eligible for state and provincial licensure in the U.S. and Canada. Our U.S. schools are also accredited by the U.S. Department of Education regional institutional accreditors.