



# AMERICAN ASSOCIATION OF NATUROPATHIC PHYSICIANS

## Naturopathic Physician

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### PRESIDENT'S MESSAGE

#### AANP's Busy Season Approaches

As we enter our busiest time, I invite YOU to be an active participant. Is there someone you would like to see on the AANP Board of Directors? Nominate them! The election process is well underway-the [Call for Nominations](#) is out! Please submit them as soon as possible. April 28, 2013, is the deadline for submissions. Our annual legislative pilgrimage to Washington, D. C., is May 12th through 14th. Would you like to give your input directly to your federal legislators? Are there federal policies you would like addressed? Come to the [DC FLI \(Federal Legislative Initiative\)](#) and speak to your congressperson or senator. The [AANP Conference, Walking Our Talk](#), is early this year. It starts July 10 in Keystone, Colorado! What ND friend would you like to spend time with? Invite them to [share a condominium](#) with you. We are all involved in continuing to build a stronger, more effective national organization. When looking at the fitness of a patient I evaluate 3 areas: strength, flexibility and endurance. [Continue reading \*AANP's Busy Season Approaches\*](#)

### CEO UPDATE

#### Connect. Participate. Thrive!

*Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that a new world is born. - Anais Nin*

Why do you belong to AANP? The answer to that question differs depending on whom you ask. Some people especially value the resources that AANP provides to help them develop successful practices; some value the continuing education opportunities; and others view AANP's public policy efforts to bolster the profession of naturopathic medicine as the most important reason for membership. There are myriad other important and worthwhile reasons people join their professional association. My observation, though, is that the people who are

**Read Celery Extract in Mild to Moderate Hypertensive Patients, Select Lactobacilli Species vs Antibiotics in Preventing Urinary Tract Infection, Variables Predicting Spinal Surgery After Injury, and more in the April issue of the Natural Medicine Journal!**



**Read, view and listen to news appearances by NDs in the AANP Newsroom.**



most passionate about AANP are the ones who use their membership to connect with their colleagues, to renew relationships, and to form new friendships and professional connections.

Continue reading [Connect. Participate. Thrive!](#)

## Reduced Rate Ends Saturday, 4/20

The 10th Annual DC FLI will be held at the Hilton Arlington. AANP's guaranteed rate, \$189 per night, ends this Saturday. Book your room today!



### STUDENT EXPRESSIONS

## Olive Oil, Cox Inhibition and Ayurveda



Written by Christine Bussiere, Bastyr ND Candidate

- Ever wonder what is up with that stinging sensation in the back of your throat after ingesting olive oil?? Many olive oil connoisseurs have long considered the immediate tickle in the back of the throat a mark of high quality olive oil. The concept that the taste of foods (or any plant) correlates to its chemical properties has been long considered in Ayurvedic medicine. For thousands of years Ayurvedic doctors have correlated Rasa ('taste', though more accurately defined as the entire subjective experience of eating) to pharmacologic activity of plants. Now, modern research backs them up. Continue reading [Olive Oil, Cox Inhibition and Ayurveda](#)

### ADVOCACY

## Pushing for Naturopathic Medicine Week, Making the Most of Your Hill Visits

The core part of the DC FLI - the payoff, if you will - is visiting lawmakers on Capitol Hill. This is when we take our message about the benefits of naturopathic medicine and team it with our "ask" for Members of Congress to sponsor a resolution creating a Naturopathic Medicine Week. You'll be well prepared to make that ask. On Monday, May 13, attendees at the FLI will receive a soup-to-nuts primer on what for a successful visit on Capitol Hill. You'll be able to practice your "elevator speech" in teams, and critique other teams' presentations. You'll also benefit from 3 sessions aimed squarely at getting you comfortable with what we plan to say. A session on "Making the Most of Your Meetings" will cover the basics of why Members of Congress and their staffs want to hear from you. A case study, presented by Steve Mister, President and CEO of the Council on Responsible Nutrition, will offer lessons learned from taking their group's health message to the Hill. And a representative from Sen. Tom Harkin's

office (one of naturopathic medicine's strongest allies) will explain what makes for a worthwhile constituent visit from their own, unique vantage point. [If you haven't yet registered for the FLI, do so today!](#) Stand with your peers (actually, relax in air conditioned comfort) and help us establish a Naturopathic Medicine Week as a springboard for consumer awareness.

#### CONTINUING EDUCATION

### 2013 Conference, Walking Our Talk, at Keystone



**Attention East-Coasters and Arizonians!** A flight to the 2013 conference in Colorado is less expensive when compared to flights for conferences held on the West Coast. Book early to get the best prices. [Click here for a price comparison.](#)

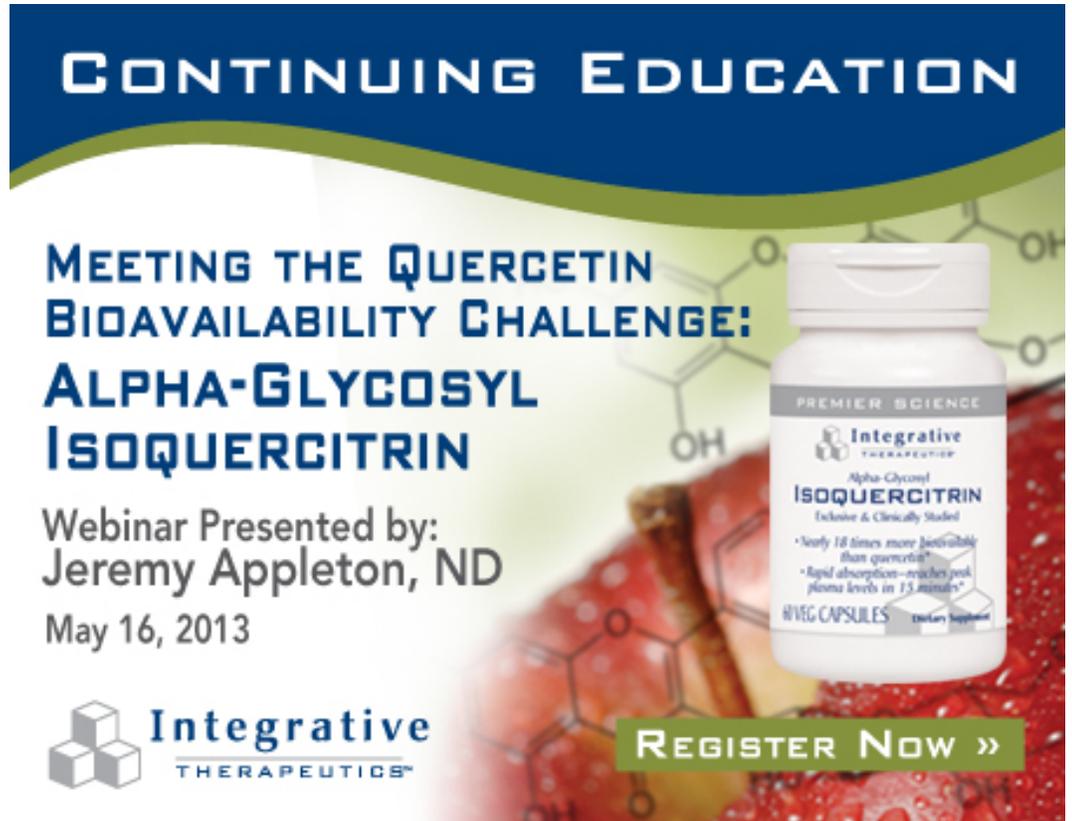
**AANP partners with Colorado Mountain Express to offer discounted transportation to/from Keystone and Denver International Airport.** AANP is organizing a shared shuttle service to and from Denver International Airport (DEN) with Colorado Mountain Express for the 2013 Annual Conference at Keystone. The shuttle will transport to Keystone on [Monday, July 8, 2013](#), and [Tuesday, July 9, 2013](#). The shuttle will return to DEN on [Sunday July, 14, 2013](#). Each leg costs \$26 per person and a round trip is \$52 per person.

**Win a free conference registration for helping to spread the word!** One Regular and one New Grad member will win a free conference registration for tweeting about the 2013 Conference at Keystone. Rule 1: Tweet anything related to the conference, including info on speakers, exhibitors, questions, registration information, social media links, etc. [Click here for details.](#)

**2013 schedule and speaker list are posted.** Don't miss keynotes: [James Sensenig, ND](#), presenting, *Back to the Future: Why vitalism is the "new" medicine*; [Bharat Aggarwal, PhD](#), presents, *Anti-inflammatory Lifestyle for Prevention and Treatment of Cancer: Facts and fiction*; [Edward Calabrese, PhD](#), presents, *Hormesis: Its Biomedical Foundations and Therapeutic Implications*;

[Matthew Baral, ND](#), presents, *The Patient in Nature: A symbiotic relationship*. [Click here](#) for the most up-to-date schedule.

ADVERTISEMENT



**CONTINUING EDUCATION**

**MEETING THE QUERCETIN BIOAVAILABILITY CHALLENGE: ALPHA-GLYCOSYL ISOQUERCITRIN**

Webinar Presented by:  
**Jeremy Appleton, ND**  
May 16, 2013

**Integrative THERAPEUTICS**

**REGISTER NOW »**

The advertisement features a white bottle of Integrative Therapeutics Alpha-Glycosyl Isoquercitrin capsules. The bottle label includes the text: 'PREMIER SCIENCE', 'Integrative THERAPEUTICS', 'Alpha-Glycosyl ISOQUERCITRIN', 'Exclusive & Clinically Studied', '• Nearly 18 times more bioavailable than quercetin\*', and '• Rapid absorption—reaches peak plasma levels in 15 minutes\*'. Below the bottle, it says 'HYG CAPSULES' and 'Dietary Supplement'. The background of the ad shows a molecular structure and a cinnamon stick.

CAREER OPPORTUNITIES

**[Latest Postings to AANP's Job Board](#)**

The AANP has an online job board, where you can post your help wanted, residency opportunities, and practice for sale ads. Two-month postings are free for members and \$100 for non-members. If you have questions about the job board, [email us](#).

- [Marketing Manager, ZRT Laboratory](#)
- [Assistant Professor of Clinical Sciences - College of Naturopathic Medicine](#)
- [Locum Tenens - 1 Yr Term - Busy Primary Care Practice Salem/Portland](#)
- [Integrative MD/DO or ND Wanted!](#)
- [Pacific Quest Wellness Physician](#)
- [Resident at Sophia Health Institute](#)
- [Associate Physician at Sophia Health Institute](#)
- [Naturopathic Physician Reviv Medical Spa](#)

- [Medical Sales Manager](#)
- [ND, LAc or ND Associate To Join Busy Colorado Springs Practice](#)
- [ND for Busy Silverdale Practice](#)
- [Maternity Coverage Needed for ND with Long-term potential \(Walnut Creek, CA\)](#)
- [ND for IBS Treatment Center Santa Monica](#)
- [Core Faculty - Botanical Medicina #13-015CA](#)
- [Clinical Diagnosis Lab Faculty \(Adjunct\) #13-019-CA](#)
- [Core/Adjunct Naturopathic Clinical Diagnosis Faculty #13-018A](#)
- [Naturopathic Physician-Cancer Treatment Centers of America at Western Regional Medical Center](#)
- [Phoenix Natural Medicine and Detox Center is looking for a Naturopathic Doctor](#)

[Click here](#) for all job postings.

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#### HAPPENING IN THE COMMUNITY

### Events and Announcements

Visit the [AANP Events Calendar](#) for a full listing of what is happening in the naturopathic community.

**Spreading Awareness of Naturopathic Medicine** The month of May is filled with national, federally recognized health education topics: Asthma and Allergy, Physical Fitness and Sports, High Blood Pressure, Melanoma/Skin Cancer, Mental Health, Arthritis, Osteoporosis Prevention, and Stroke. AANP is looking for article submissions to distribute to the naturopathic community and consumers on these topics. Interested AANP promoting and marketing your work? Please email articles to [communications@naturopathic.org](mailto:communications@naturopathic.org).

**Connecticut Naturopathic Physicians Association (CNPA) Annual Conference** The [CNPA](#) Conference is a wonderful annual event for naturopathic doctors and colleagues to network, explore new products and laboratory providers, and most importantly renew continuing education credits. On April 20, 2013 the FIFTH Annual Conference will be held at the University of Bridgeport, Bridgeport, CT. [Click here for details.](#)

**Arizona Naturopathic Medical Association's** Spring Conference, *Pediatrics to Geriatrics*, is being held April 27 to 28 at the Fiesta Resort Conference Center. [Click here for details.](#)

**Salem Botanicals -- WE WILL MANUFACTURE YOUR PRODUCTS IN SMALL QUANTITY!** GMP Certified, family owned manufacturing company in US will develop your product line. We do herbal tinctures (alcohol and non-alcohol based), size 1 capsules (300 mg), digestible and tropical oils, herbal teas, dry herbs. All packaged to your specification in bottles, pouches, boxes etc. **SORT RUN is our specialty.** For more information [visit our web site](#) or [email us](#). We are happy to help you grow your practice!

**College of Naturopathic Doctors of Alberta** to hold first annual conference May 4 - 5, 2013, at the Ban Park Lodge Resprt Hotel. [Click here for details.](#)

**AANP Welcomes New Members to the Community** Naturopathic Physicians: Dr. Melonni Dooley, Dr. Raushanah Najeeullah, Dr. Matthew Perchemlides, Dr. Mary Minor. Naturopathic Students: Ms. Rowena Daly, BASTYR, Ms. Alisha Yarbrough, BASTYR, Mr. Terrance Manning, BASTYR, Ms. Jasmine Lister, BASTYR, Mr. Mikael Brucker, NCNM, Ms. JheriAnne Cavazos, NCNM, Mr. Will Alvarez, NCNM, Ms. Sabrina Koperski, NCNM, Mr. Vyacheslav Alec Pekler, NUHS, Ms. Meagan Watts, NUHS.

*The AANP does not endorse any one product over another. The statements made in display advertisements, sponsor or corporate partner messages, or classified messages in the Events and Announcements section of the eNews do not necessarily reflect AANP's position. They are the thoughts of the author. If you have questions, please contact us at [communications@naturopathic.org](mailto:communications@naturopathic.org).*

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