

# AANP 2019 BOARD NOMINATIONS

## Biography

Desta Golden, ND, MS received her Master's in Human Nutrition from University of Bridgeport and went on to graduate from National University of Natural Medicine in 2015.

She has served as President of the Naturopathic Medical Student Association and sat on the Board of Directors of the Virginia Association of Naturopathic Physicians.



*Desta Golden, ND*

Her work specializes in optimizing infant food introduction and childhood nutrition and she is a regular contributor to EcoParent Magazine. She lives in Virginia with her husband, two adorable children, and 39 chickens.