AANP Annual Conference 2016
GI Motility and SIBO Bootcamp

Description: Changes in gastrointestinal motility – whether congenital or acquired – can impact your patient's wellbeing is significant ways and present obstacles to effective treatment. This half-day workshop will review common disorders of gastrointestinal motility, including post-infectious IBS, impacts of adhesions, and connective tissue disorders, and the consequences of these conditions, including small intestinal bacterial overgrowth (SIBO). Additionally, we will provide a thorough overview of the anatomical and physiologic factors that influence motility, as well as testing options to assess for motility. Finally, we will review pharmacologic agents that can positively and negatively impact motility throughout the gastrointestinal tract. Discussions of complex cases are welcome, so please bring your questions.

Schedule - Wednesday, July 27:
11:30am-1:00pm

- Overview of Upper GI motility – Steven Sandberg-Lewis, ND – **40 minutes**
  - Anatomical and physiological factors influencing dysmotility disorders
- Testing for Motility disorders – Steven Sandberg-Lewis, ND – **20 minutes**
  - Labs, imaging, and procedure-based testing for upper GI Motility
  - R'R' interval testing for vagal nerve tone – Megan Taylor, ND
- Congenital disorders impacting upper GI motility - **25 minutes**
  - Upper GI anatomical variants – Megan Taylor, ND
  - Ehlers-Danlos and associated connective tissue disorders – Steven Sandberg-Lewis, ND
- Q&A – **5 minutes**

2:30-3:30pm

- Acquired disorders impacting upper GI Motility – **60 min**
  - Blood sugar dysregulation and gastroparesis - Steven Sandberg-Lewis, ND (20 min)
  - Post-infectious IBS and the development of SIBO – Allison Siebecker, ND (15 min)
  - Adhesion development and their impact on GI motility – Larry Wurn, LMT (25 min)

4:30-5:30pm

- Pharmacology and GI motility – **45 min**
  - Review of pharmacologic agents that negatively impact upper GI motility – Megan Taylor, ND (20 min)
  - Prokinetics in SIBO and motility disorders – Allison Siebecker, ND (25 min)
- Q&A – **15 minutes**

Total time: 210 minutes