



**For Immediate Release**

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### **Naturopathic Doctors Offer Natural Therapies to Treat Cervical Dysplasia and HPV National Cervical Health Awareness Month**

Washington, DC – For women diagnosed with cervical dysplasia or Human Papillomavirus (HPV), naturopathic doctors offer safe and effective treatments that address the root cause. This is according to the [Institute for Natural Medicine \(INM\)](#), which today released a new FAQ about how naturopathic doctors help prevent and treat cervical dysplasia and HPV, in partnership with the [American Association of Naturopathic Physicians \(AANP\)](#).

The main risk factor for cervical dysplasia is the presence of HPV. Without treatment, advanced cervical dysplasia can progress to cervical cancer. Approximately 40 percent of American women, and 45 percent of men, currently have some form of HPV, putting them at risk.

Focusing on the whole person, naturopathic doctors take the time to identify and address the genetic, environmental, and behavioral/lifestyle factors that cause cervical dysplasia. Naturopathic doctors treat low- and mid-grade dysplasia with a combination of lifestyle modification, therapeutic diets, nutrient and botanical therapies, and local treatment of the cervix. Specific therapies are individualized to the patient based on their diagnosis, emotional, and physical constitution.

“Surgical procedures are often a prescribed treatment for cervical dysplasia. These treatments have risks and complications, and can lead to longer-term impacts on conception and childbirth,” said Michelle Simon, PhD, ND and Chair of the INM Board of Directors. “Naturopathic medicine opens up options for women. There are many natural therapies that treat dysplasia directly, and help the body’s immune system fight and clear the HPV virus.”

The complete FAQ, "How do naturopathic doctors help prevent and treat cervical dysplasia and HPV?" can be found [here](#).

### **About the Institute for Natural Medicine**

The Institute for Natural Medicine (INM) is a national not-for-profit 501(c)(3) organization that provides public education about naturopathic medicine and increases consumer access to naturopathic doctors. As a close partner to the American Association of Naturopathic Physicians, the INM strives to increase consumer and physician choice in safe, effective healthcare that improves patient outcomes and lowers costs. For more information visit [www.naturemed.org](http://www.naturemed.org) or call 855-799-4490.

### **About the AANP**

The American Association of Naturopathic Physicians is the professional association that represents licensed naturopathic physicians. The AANP strives to make naturopathic medicine available to every American, and to increase recognition of naturopathic physicians as the identified authorities on natural medicine. Learn more at [www.naturopathic.org](http://www.naturopathic.org).