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Learn more today. Visit NCMIC’s booth at the 2016 AANP Annual Convention – Booth #117.

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Welcome….
A Message from the AANP President

Fostering a More Sustainable, Unified, and Resilient Naturopathic Community

Welcome back to the AANP Annual Convention! It’s an annual opportunity to re-connect with your friends and colleagues in the naturopathic community. Building and sustaining this community is critical to the AANP. You – our AANP members, exhibitors, corporate partners, and faithful Annual Convention attendees – are our lifeblood.

One of our goals in the AANP Strategic Plan 2025 is to foster a more sustainable, unified, and resilient naturopathic community. To do this, we are aiming to enhance the AANP member experience, engage and inspire the naturopathic medicine community, engage our affiliate members, and promote inter-professional collaboration. The epitome of this occurs at every Annual Convention, so we’re glad you’re here!

We can’t do this alone, though. We need your help to sustain and build the naturopathic community. Get involved with the AANP. Support your state association. Advocate for your profession. Be visible in your community.

I’m inspired by what we are accomplishing as a community. I’m looking forward to re-connecting with each of you this week.

Warm Regards,

Jaclyn Chasse, ND
Jaclyn Chasse, ND
AANP President, 2016
On behalf of the Convention Co-Chairs,

Bradley Bush, Trevor Cates and, Stacie Wells, welcome to our Annual Convention & Exhibition, Strength Through Diversity.

This year, the goal of the Convention planning committee was to raise the bar for conference content. We set out to develop track-style sessions to provide you with an in-depth focus on conditions, modalities, and embrace our naturopathic specialties. This line-up will enrich your clinical skills, deepen your roots, and expand your horizons. And for the first time ever, we offer you 20.25 continuing education hours for pharmacy!

This year’s theme “Strength Through Diversity” not only speaks to the Convention content but also reflects who we are as a profession. Rooted in the same medicine, we may practice in many different ways. Whether you strictly practice primary care or focus on homeopathy, botanical medicine, integrative oncology, pediatrics, research, gastroenterology, endocrinology or another specialty, this year’s Convention has something for every member of our family tree.

The diverse wealth of knowledge within our profession helps grow and strengthen naturopathic medicine, improve our patients’ health and quality of life and provide much needed options in the healthcare system. We are strongly poised to meet the needs of modern healthcare, help meet the nation’s primary care shortage and continue to offer safe effective natural medicine therapies.

Thank you to all the naturopathic champions who have come before us. Blazing the trail to create our academic institutions, licensing exams, establish state licensures and scopes of practice, and thank you to those who continue to do this good work.

Thanks to our corporate partners, event sponsors, and exhibitors whose support and contributions truly make this event possible. Please make certain to visit the exhibit hall to learn about important opportunities they are sharing.

And finally, heartfelt thanks to those doctors who volunteered their time to serve as track chairs and track committee members: Emily Telfair, Darin Ingels, Bill Walter, Michelle Niesley, Laurie Cullen, Rebecca Dirks, Ryan Bradley, Amy Clewett, Iris Crawford, Catherine Jones, Molly Gray, Alicia Miller and to our AANP office staff, convention managers and AANP board.

Deepen your roots, expand your horizons, breathe in the mountain air, learn, relax and enjoy!

May the Vis be with you!

AANP 2016 Conference Co-Chairs

Bradley Bush, ND
Trevor Cates, ND
Stacie Wells, ND
Frank Sinatra sang a song entitled “The Best is Yet to Come,” and its lyrics remind me a lot of where we are with the AANP. You think you’ve seen the sun, but you haven’t seen it shine. We are in a strong position now at the AANP, but wait until you see what’s coming next.

We have the premier Annual Convention for naturopathic physicians in the U.S.; however, we have not stopped there. The AANP is expanding its presence and impact with topical and regional programs, health fairs for the public, collaborations with other health care professional organizations, online continuing education (CE) and more. We are establishing naturopathic doctors’ seat at the integrative table, including capitalizing on interest in accrediting education programs for naturopathic physician CE, dietitian and pharmacist CPE, certified health education specialist CECH, nurse CEU, and AMA PRA Category 1 CME credits.

The theme for the Annual Convention this year is “Strength Through Diversity.” You will notice that the AANP is taking a leadership role in coordinating our diverse community for the greater good. We are collaborating around public relations efforts, solving common policy issues, and are well on our way to achieving licensure and scope expansion in several states.

Also, the AANP is increasing our industry’s clout in the media. The media is recognizing our recent efforts, coming to the AANP for credible experts, and our social media presence has reached new heights.

I’m excited to see what the future will bring. Even more success is ahead.

Cheers,
Ryan Cliche
Ryan Cliche
Executive Director
American Association of Naturopathic Physicians

The AANP is taking another step toward going GREEN! The Annual Convention program book will be moving online beginning 2017. We will no longer provide printed copies during the meeting.
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Al Czap Founder, Former Owner and CEO, Thorne Research

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*Photos by Taryn Ward, AANP Public Relations Coordinator*

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The AANP is taking another step toward going GREEN! The Annual Convention program book will be moving online beginning 2017. We will no longer provide printed copies during the meeting.
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Event Information

THE AANP ANNUAL CONVENTION & EXHIBITION is an advanced program specifically designed for professionals working in the field of natural therapeutics, licensed naturopathic physicians, medical doctors, acupuncturists, osteopathic physicians, and chiropractors, as well as students, natural product representatives, and the media. The program includes didactic sessions designed to deliver vital learning experiences in the practice and management of natural medicine.

REGISTRATION INFORMATION
Please pick up your name badge and tote bag with conference materials at the registration counter, located in the foyer at the top of the escalators in the Cliff Lodge. Your name badge will be your ticket for all Convention meals and activities. Gala tickets will be provided to full Convention registrants at registration. Safeguard this ticket as you will need it to attend the event. Additional gala tickets are available for purchase at the registration desk.

REGISTRATION HOURS
Tuesday, July 26: 4:00 - 7:00 PM
Wednesday, July 27: 7:00 AM - 4:30 PM
Thursday, July 28: 7:00 AM - 5:00 PM
Friday, July 29: 7:00 AM - 5:00 PM

EXHIBIT HALL HOURS & BREAKS
Signage will lead you to the Exhibit Hall located underneath the shaded tent adjacent to the Tram.
Wednesday, July 27
10:45 AM – Exhibit Break
1:00 PM – Lunch in Exhibit Hall
3:30 PM – Exhibit Break
Thursday, July 28
10:45 AM – Exhibit Break
1:00 PM – Lunch in Exhibit Hall
3:30 PM – Exhibit Break
Friday, July 29
10:45 AM – Exhibit Break
1:00 PM – Lunch in Exhibit Hall
4:00 PM – Exhibit Break

COMPLIMENTARY WIFI
Please take advantage of free WiFi access during the Convention, available in the conference area. Look for the AANP Convention network on your smartphone, tablet, or laptop. Thank you to EMERSON ECOLOGICS for supporting Convention technology.
WiFi Network: WELLEVATE
Password: WELLEVATE2016

MOBILE APP
Download the AANP 2016 Convention Mobile App from the app store. Search for ‘AANP2016’ or download through the web browser on your mobile phone. Use the App to view the schedule, explore the exhibit hall, learn about schedule corrections, and social media.

SOCIAL MEDIA
Twitter: /AANP Facebook: /AANPDC

Continuing Education
This program has been approved for 25.5 credits of Naturopathic Continuing Education, of which 20.5 are Pharmacy credits. The AANP has submitted an application to the National Commission for Health Education Credentialing, Inc. to designate this program for Certified Health Education Specialists (CHES) to receive continuing education contact hours. (LAc and Oregon ND credits pending) Please see the registration desk for specific questions about continuing education.

CE CERTIFICATES
To receive your CE certificate, fill out the survey at the end of each day. Surveys are available through the Convention App or through www.naturopathic.org. You will receive an emailed certificate, but it is the responsibility of the individual attendee to report CE as your state requires. The AANP staff will not report attendance to any licensing board on your behalf.

The AANP is taking another step toward going GREEN! The Annual Convention program book will be moving online beginning 2017. We will no longer provide printed copies during the meeting.
AANP Leadership

AANP LEADERSHIP
The American Association of Naturopathic Physicians aims to increase awareness of and expand access to naturopathic physicians; help its members build successful medical practices; and expand the body of naturopathic medicine research.

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All meetings are located in the Cliff Lodge unless otherwise notated.

Wednesday, July 27

**Opening Breakfast**
*Sponsored by Natural Partners*
Cliff Lodge Ballroom
8:00 AM

**Pharmacy Jeopardy**
Superior Room
6:00 – 7:00 PM

**Welcome Reception**
Sponsored by Natural Partners
Conference Center Terrace
7:00 – 10:00 PM

Thursday, July 28

**Herb Walk**
Led by Paul Saunders, ND
6:00 – 6:45 AM
Meet at the tram station

**AANP Membership Meeting**
5:30 PM
Cliff Lodge Ballroom

**Alumni Receptions**
6:30 PM
Bastyr: Primrose, NCNM: Golden Cliff, SCNM: Superior
*Sponsored by Nordic Naturals*
7:30 – 10:00 PM
Conference Center Terrace

Friday, July 29

**Herb Walk**
6:00 – 6:45 AM
Meet at the tram station

**President’s Council Breakfast**
(Invitation Only Event)
9:00 AM

**President’s Reception**
*Sponsored by Emerson Ecologics*
(Invitation Only Event)
7:00 – 9:30 PM
The Summit at Snowbird
*Trams depart on the half hour beginning at 6:30 PM*
*Trams return from the top on the half until 9:30 PM*

*Tram tickets included with conference materials at registration*
Saturday, July 30
Herb Walk
6:00 – 6:45 AM
Meet at the tram station

Meditation with Paul Epstein, ND
7:00 AM
Little Pine Room
Cliff Lodge

Trail Run led by Snowbird staff
/Public welcome/
9:00 AM
Meet at the tram station

Annual Gala
7:00 PM
Cliff Lodge Ballroom

AANP Committee & Affiliate Committee Meetings
All meetings are located in the Cliff Lodge

Monday, July 25
Association of Accredited Naturopathic Medical Colleges
Board Meeting
8:00 AM – 5:00 PM
Maybird Room

Tuesday July 26
Institute of Natural Medicine
8:00 AM – 4:00 PM
Superior Room

House of Delegates Meeting
6:00 – 9:00 PM
Wasatch Room

North American Board of Naturopathic Examiners
7:30 AM – 5:30 PM
Magpie Room

Association of Accredited Naturopathic Medical Colleges
1:00 – 5:00 PM
Maybird Room

UNPA Reception
(Invitation Only Event)
4:30 – 6:00 PM
Red Pine Room

Wednesday, July 27
State & Federal Affairs Committee
11:30 AM – 12:30 PM
Little Pine Room

Professional Affairs Committee
5:00 – 6:00 PM
Little Pine Room

Natural Medicine Journal Reception
(Invitation Only)
5:30 – 6:30 PM
Alpenglow Room

Thursday, July 28
State Alliance Meeting
9:00 – 10:30 AM
Superior Room

Global Health Committee
2:30 – 3:30 PM
Superior Room

Scientific Affairs Committee
4:00 – 5:00 PM
Red Pine Room

Friday, July 29
Public Education and Media Affairs Committee
9:30 – 10:30 AM
Red Pine Room

Membership
3:00 – 4:00 PM
Red Pine Room
Whole GI Wellness is designed to help resolve temporary gastrointestinal discomfort, encourage healthy bowel motion and elimination, and support GI detoxification and overall digestion.*

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AANP 2017
Convention & Exhibition
July 12-15 | Arizona Biltmore Hotel, Phoenix
American Association of Naturopathic Physicians | www.NATUROPATHIC.org
Full Session and speaker descriptions can be viewed on the AANP Convention App. All sessions, unless otherwise noted, are in the Cliff Lodge Ballroom (Specific sections identified below)

**WEDNESDAY, JULY 27**

**Orange: SIBO Boot Camp**  
**Blue: Pain Management Track**  
**Green: Concurrent Sessions**

8:00am – 8:45am  
Breakfast  
*Sponsored by Natural Partners*

**OPENING KEYNOTE**  
*Naturopathy in the 21st Century: How to be Effective and Successful Practicing our Profound Medicine*  
9:00 - 10:15 AM  
Paul Anderson, ND

**VENDOR SHOWCASE**  
10:15 – 10:35 AM  
*Is CoQ10 the current or future natural product for the management of heart failure?*  
William V Judy, PhD  
*Sponsored by Pharmanord*

12:15 - 1:00 PM  
*Thinking Outside of the Box: Non-Opiate Pain Medications and Customized Medication Options*  
Dawn Ipsen, PharmD

**Ballroom 2**  
**GI Motility and SIBO Bootcamp**  
11:30am-1:00pm  
Steven Sandberg-Lewis, ND  
Allison Siebecker, ND  
Megan Taylor, ND  
Larry Wurn, LMT

12:15 - 1:00 PM  
*“Caught up in the Magic of Nature” Bill Mitchell, ND, in his own words*  
Glen Nagel, ND

1:00 - 2:30 PM LUNCH/EXHIBIT BREAK

**Ballroom 1**  
**Pain Management Track**  
2:30 - 3:30 PM  
*Urinary Headaches: Urological Causes of Pelvic Pain Diagnosis and Treatment*  
Katie L Shaff, ND
**Ballroom 2**
**GI Motility and SIBO Bootcamp**
2:30 – 3:30 PM  
Steven Sandberg-Lewis, ND  
Allison Siebecker, ND  
Megan Taylor, ND  
Larry Wurn, LMT

**Ballroom 3**
2:30 - 3:30 PM  
Toxins Now the Primary Cause of Chronic Disease  
Joseph Pizzorno, ND

3:30 - 4:30 PM EXHIBIT BREAK

**Ballroom 1**
**Pain Management Track** 4:30 - 5:30 PM  
Manipulation Pearls: Practical Applications for Knee Manipulation  
Nick Buratovich, NMD

**Ballroom 2**
**GI Motility and SIBO Bootcamp**  
4:30 – 5:30 PM  
Steven Sandberg-Lewis  
ND Allison Siebecker, ND  
Megan Taylor, ND  
Larry Wurn, LMT

**Ballroom 3**
4:30 - 5:30 PM  
Fibromyalgia: Copper Toxicity and Lack of Hormones – Finally an Answer?  
Dan Purser, MD

6:00 – 7:00 PM  
Pharmacy Jeopardy  
Hosted by Bradley Bush, ND

7:00 – 10:00 PM  
Opening Reception  
Sponsored by Natural Partners Conference  
Center Terrace

THURSDAY, JULY 28

**Orange: Practice Management Track**
**Blue: Pediatric Track**
**Green: Concurrent Sessions**

6:00 AM  
Herb Walk  
Paul Saunders, ND  
Meet at Tram Station

7:00 - 7:45 AM  
Pharmacy Lecture  
Evaluating Commonly Used Pharmacotherapy in Clinical Practice for Allergies, Sleep and Anxiety  
Leah K. Hollon, ND, MPH

8:00 – 8:40 AM  
Breakfast Lecture  
A Paradigm Shift in Bacteriotherapy and the Ground Zero of Most Health Disorders  
Kiran Krishnan, ND

**Ballroom 1**
**Pediatrics Track**  
9:00 - 10:30 AM  
Separate Yet Connected: Integrating Clinical Relationships for Adolescents and Young Adults  
Britta Zimmer, ND  
William Ryan Shelton, ND  
John Souza DMFT, LMFT

**Ballroom 2**
**Practice Management Track**  
9:00 - 9:45 AM  
Business growth, strategy and management  
Brandon Allen

9:45 - 10:30 AM  
How to keep all the new patients you get...Employ These 5 Strategies to Turn Your New Patients into Lifelong Raving Fans  
Pattie Ptak

**Ballroom 3**  
9:00 - 10:30 AM  
Fifty Shades of Grey: The Herb / Drug Interaction Continuum  
Glen Nagel

10:30 - 11:30 AM EXHIBIT BREAK

**Ballroom 1**
**Pediatrics Track**  
11:30 AM - 12:15 PM  
Managing Pediatric Cases with Botanical Medicine and Nature Cure  
Sheila Kingsbury, ND

12:15 - 1:00 PM  
Pediatric Sleep - the Foundation for a Lifetime of Sleep Health  
Catherine Darley, ND
Ballroom 2
Practice Management Track
11:30 AM - 12:15 PM
Free the Loans: How to be the Hero in your Student Loan Journey
Gillian Hanson, ND

12:15 - 1:00 PM
3 Out of the Box Ways to Grow a Practice that Offers Flexibility & Freedom Now (And Not Just When You Retire)
Chen Yen

Ballroom 3
11:30 AM - 12:15 PM
Psychoactive Botanical Medicines in Clinical Practice: From Coffee to Cannabis and Beyond
Khara Lucius, ND, FABNO

12:15 - 1:00 PM
Medications for COPD and Asthma: Indications, Contraindications, and Naturopathic Considerations
Bill Walter, ND

1:00 - 2:30 PM LUNCH/EXHIBIT BREAK

Ballroom 1
Pediatrics Track
2:30 - 3:30 PM
Naturopathic Dermatology in Pediatrics
Trevor Cates, ND

Ballroom 2
Practice Management Track
2:30 - 3:00 PM
Your First Book - Bestselling Book
Alan Christianson, NMD

3:00 - 3:30 PM
Building a Sustainable Multi-Disciplinary Practice
Brooke Azie-Rentz, ND

3:30 - 4:30 PM EXHIBIT BREAK

Ballroom 1
Pediatrics Track
4:30 - 5:30 PM
Epigenetic Expression of Recessive Mutations in Autism
Jared Skowron, ND

FRIDAY, JULY 29

Ballroom 2
Practice Management Track
4:30 - 5:00 PM
Producing Great Videos for Patient Education and Promotion Made Easy
Rick Brinkman, ND

5:00 - 5:30 PM PANEL DISCUSSION

Ballroom 3
4:30 - 5:30 PM
Using Homeopathy During Conventional Cancer Care: How to Do it & Why it Matters
Amy Rothenberg, ND

5:30 - 6:15 PM AANP MEMBERSHIP MEETING

6:30 – 7:30 PM ALUMNI RECEPTIONS
Bastyr – Primrose
NCNM – Golden Cliff
SCNM – Superior Lobby/Terrace

7:30 – 10:00 PM
Nordic Naturals Events
Conference Center Terrace
Ballroom 1
Women's Health Track
11:30 AM - 1:00 PM
Research Update and Controversies in Women's Health
Tori Hudson, ND

Ballroom 2
Oncology Track
11:30 AM - 1:00 PM
Naturopathic Oncology Review for General Practice: What you Need to Know
Lise Alschuler, ND, FABNO
Tina Kaczor ND, FABNO

Ballroom 3
11:30 AM - 1:00 PM
A Systematic Approach to GERD
Steven Sandberg-Lewis, ND

1:00 - 2:30 PM LUNCH/EXHIBIT BREAK

Ballroom 1
Women's Health Track
2:30 - 4:00 PM
Traditional Asian Medicine (TAM) Endocrinology
Mi-Jung Lee, ND, LAc

Ballroom 2
ONCOLOGY TRACK
2:30 - 4:00 PM
Prescriptive Naturopathic Methods for Men with Prostate Cancer on Active Surveillance with PR
Geo Espinosa, ND, LAc, CNS, RH (AHG)

Ballroom 3
2:30 - 4:00 PM
Moldy: Identification and Treatment of Mold-Related Illness
Kelly Kathlyn McCann, MD, MPH&TM

4:00 - 4:45 PM Exhibit Break

Ballroom 1
Women's Health Track
4:45 - 6:00 PM
Unique Epigenetic Approaches to Women's Health: Targeting Immunity, Neurotransmission and Hormonal Challenges
Leah K. Hollon, ND
MPH Katie Lundberg, ND, LAc

Ballroom 2
Oncology Track
4:45 - 6:00 PM
Turmeric Formulations In Adjunctive Cancer Treatment: A Systematic Review
Jason Clifford, ND

Ballroom 3
4:45 - 6:00 PM
See the World: A Learning and Reading Tool
Paul Herscu, ND

7:00PM – 9:30PM
AANP President's Reception
(Invitation Only)
The Summit at Snowbird

SATURDAY, JULY 30

Orange: Research Sessions
Blue: Latest Therapies
Green: Concurrent Sessions

6:00 AM
Herb Walk
Meet at Tram Station

7:00 – 7:45 AM
Meditation with Paul Epstein
Magpie (Cliff Lodge)

8:00A – 8:45 AM
Breakfast Session
Sponsored by Deepure

Ballroom 1
IV Therapy Update
9:00 – 11:00 AM
Paul Anderson, ND

Ballroom 2
9:00 – 9:30 AM
Treatment of Herpes Virus-Associated Lesions Using a Synergistic Botanical Blend
Guillermo Ruiz, BSc

9:30 – 10:00 AM
Sarracenia purpurea: A Botanical Extract with Broad Anti-Viral and Oncolytic Activity
Tiffany Turner

10:00 – 10:30 AM
Self-Reported Competency and Comfort Level When Working With Patients with Disabilities: A Survey of Naturopathic Medical Students
Sarah Hourston, ND

10:30 - 11
Turmeric Formulations In Adjunctive Cancer Treatment: A Systematic Review
Jason Clifford, ND
Ballroom 3
9:00 - 11:00 AM
Nonalcoholic Fatty Liver Disease, the Tsunami Coming to a Waiting Room Near You
Lyn Patrick, ND

11:00 – 11:15 AM BREAK

Ballroom 1
Biofilm Therapies – Updates and Latest Therapies
11:15 AM – 12:15 PM
Paul Anderson, ND

12:15 – 1:00
Part 1: The Complicated Patient - A Roadmap to Assessment and Therapy
Paul Anderson, ND

Ballroom 2
11:15 – NOON
Making Real Change: Translating Research Into Policy Panel Discussion
Moderator: Bill Walter, ND
Panelists:
Jaquel Patterson, ND, MBA
Jane Guiltinan, ND
Michelle Niesley, ND, MS, FABNO
Bob Bernhardt, BSc, LLM, MEd, PhD

Ballroom 3
11:15 AM – NOON
The Power of Addressing Chronic Conditions from the Perspective of Stress Using Mindfulness
Doni Wilson, ND, CPM, CNS
Paul Epstein, ND

12:15 - 1:00 PM
Autologous Stem Cells, Bone Marrow and Adipose Derived, for the Treatment of Osteoarthritis and Spine Pain
Harry Adelson, ND

1:00 - 2:30 PM LUNCH

1:15 – 1:25 PM SPONSOR SHOWCASE
Wellevate

1:30 – 2:15 PM LUNCH LECTURE
The Unappreciated Dynamics of DMG in Health and Wellness: understanding it’s role in methylation and as an adaptogen and metabolic enhancer
AnnAlisa Behling, ND
Sponsored by FoodScience Corporation

Ballroom 1
2:30 – 3:45 Pm
Part 2: The Complicated Patient - A Roadmap To Assessment And Therapy
Paul Anderson, Nd

Ballroom 2
2:30 – 3:45 Pm
Botanical Medicine Research Update
Paul Richard Saunders Phd, Nd, Dhanp

Ballroom 3
2:30 – 3:45 Pm
CPR Certification
Please register in advance at the conference registration desk

4:00 – 5:00 PM
Closing General Session
Panel Discussion on State of The Profession
Bradley Bush, ND

AANP ANNUAL AWARDS BANQUET 7:00 – 8:00 PM
COCKTAIL HOUR
Ballroom Lobby Cocktail Attire

8:00 PM – MIDNIGHT
AWARDS BANQUET/DINNER & DANCING
Music provided by Groove Merchants
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Thursday, July 28th, 2016
7:30–10 PM

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**EXHIBIT HALL HOURS & BREAKS**

Signage will lead you to the Exhibit Hall located underneath the shaded tent adjacent to the Tram.

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8 - 8:45am Superior Exhibit Hall
Breakfast with Christopher Shade, PhD
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7 - 9pm Cliff Lodge
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Wednesday-Friday, July 27-29

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