



# DC FEDERAL LEGISLATIVE INITIATIVE

AMERICAN ASSOCIATION OF NATUROPATHIC PHYSICIANS

Dear AANP DC FLI Participants,

We are looking forward to welcoming you to the DC Federal Legislative Initiative (DC FLI) this weekend.

This email will tell you about the DC FLI and the logistics associated with it, including how to approach your Capitol Hill visits. Ensure that you review this entire email.

## Dress

Business casual is appropriate for Saturday and Sunday. On Monday, you will need to wear business attire. However, you will do a lot of walking. You are encouraged to wear comfortable dress shoes.

## Weather

The forecast in DC is highs in the lower 60s, mostly sunny, but partially cloudy with a small chance of rain.

## Hotel and Local Restaurants

The meetings on Saturday and Sunday will take place at the [Embassy Suites by Hilton - Washington, D.C. Convention Center Hotel](#), 900 10th Street NW Washington, DC 20001. The hotel is a short distance from the Rayburn House Office Building. For maps and directions, click [here](#). If you have questions, call the hotel operator at 202-739-2001.

Here is an [AANP Food Guide](#) to all of the local spots around the city.

## Meals Onsite

Breakfast will be available to those who are staying in the hotel, and is located in the main hotel restaurant. Lunch will be provided for all registrants on Sunday. Coffee and tea will be available at different times throughout the day. Note that breakfast and lunch will be "on your own" Saturday and Monday. Dinners are on your own as well, with the exception of foods provided at the Whole Health Reception on Monday.

## Issues Handbook

We have created this [DC FLI handbook](#) with detailed information on our legislative asks, talking points for your Capitol Hill visits, and tips on making the most of those meetings. Please review this handbook in advance.

## Social Media

We encourage you to tweet throughout the FLI, **#DCFLI2018**. There is much to share via social media: so many terrific speakers, so much relevant content, and the build-up to making our asks on Capitol Hill.

## Agenda

The FLI registration begins on Saturday at noon with coffee available. There will be several presentations on the history and current status of naturopathic medicine. The day will include state updates, introductions to the asks, and general information that will help navigate the DC FLI.

Sunday's program begins at 7:00 am with coffee. In the morning, several speakers will elaborate on the how-to's of lobbying. Participants will be able to choose between practicing fundamentals, like your elevator speech with the AANP lobby team, or more advanced advocacy workshops throughout the day. You can view the agenda [here](#).

## Hill Visits

Monday is our day on the Hill. Unless you are staying at the hotel, breakfast will be on your own. Using the Metro or Uber is highly recommended as parking in the area is extremely limited.

*If your first meeting is in the House of Representatives office, located on the south side of Capitol, follow these instructions:*

### Capitol South Metro Stop

Blue Line or Orange Line: Take the Metro Blue Line or the Metro Orange Line to the Capitol South station. The Capitol South Metro elevator is on the Northwest corner of 1st Street SE and D Street SE. Senate Side (north side of Capitol)

*If your first meeting is on the Senate side, located on the north side of Capitol, follow these instructions:*

### Union Station Metro Stop

Red Line: Take the Metro Red Line to the Union Station stop. The Union Station Metro elevator is between the Amtrak station and mezzanine on 1st Street NW at the Amtrak Station entrance.

Here is a [map of Metrorail](#).

Leave plenty of time – 75 minutes is recommended – to get to your appointments. Lines to enter these buildings in the morning can be long, as security measures are similar to

airport security. The ideal is to arrive calm, collected, and a few minutes before your appointment time.

We will provide an itinerary listing all of your visits, who will be joining you on those visits, and who will serve as Team Leader. Team Leaders will be given an appropriate number of leave-behind packets for congressional offices during the Sunday DC FLI program. Whether or not you are a Team Leader, we ask that you file an online report that will be available through the app. This report is very important because it will tell AANP how each visit went, which offices are most supportive, and highlight any follow-up actions needed.

### **Use the App When You're On the Hill**

[Download our DC FLI App](#) to access key information on the offices you are visiting: location, the staff people involved, and fellow team members. To sign into the app, enter the email address under which you registered for the DC FLI.

Please note, under "attendees" there will be a list of all DC FLI attendees with their cell phone numbers, should you need to reach anyone involved in your visits. Please also note, the information in the app will be updated between now and Monday's Hill visits, as itineraries may change.

### **Reception Monday Evening**

Monday evening from 5:00-7:00, the AANP's renowned Whole Health Reception will take place in the foyer of the Rayburn Building (House side of Capitol Hill). Hundreds of congressional staff and Members of Congress come through to enjoy the food, beverages, company, and learn about naturopathic medicine.

We always need volunteers to staff a table or greet our visitors as they arrive. If you have not signed up yet and would like to, see us onsite at the FLI.

### **Stowing Luggage**

If you're leaving Monday, you'll of course be checking out of the hotel before going to your Congressional visits. If you are staying in the hotel, you can store your luggage with the front desk free of charge.

### **See You Soon**

We are excited about the DC FLI and look forward to greeting you in person. If you have any questions that were not answered here, call us at 202-849-6307, x 100 or email [programs@naturopathic.org](mailto:programs@naturopathic.org).