



DR. MARK STENGLER is a naturopathic medical doctor who is in private practice in Encinitas, California. He is the best-selling author of more than 30 books, including *Prescription for Natural Cures* and *The Natural Physician's Healing Therapies*. Dr. Stengler is the author of "Health Revelations," one of America's most popular health newsletters. He has an expertise in combining the best of conventional and natural medicine for his patients and readers. You can visit him online at www.markstengler.com.



DR. PAUL ANDERSON is a naturopathic medical doctor who practices in Seattle, Washington, and Rosarito, Mexico. His practice focuses on patients with cancer and advanced chronic illness. He is a respected physician, educator, and professional writer who focuses his efforts on clinical and continuing medical education updates. He has been involved in integrative oncology practice for over 20 years, 8 of which have encompassed human clinical research. He lives in Seattle with his wife, Lori, and spends as much time as possible with his five adult children and five grandchildren. You can visit him online at www.consultdranderson.com.



Hay House USA
P.O. Box 5100, Carlsbad, CA 92018-5100
(760) 431-7695 or (800) 654-5126
(760) 431-6948 (fax) or (800) 650-5115 (fax)
www.hayhouse.com*

Tune in to HayHouseRadio.com* for the best in inspirational talk radio featuring top Hay House authors!

Front-cover design: Jason Gabbert
Jacket design: Charles McStravick
Photo of Mark: Chris Thompson
Photo of Paul: © ConsultDrA.com

PRINTED IN THE UNITED STATES OF AMERICA

Praise for
**OUTSIDE THE BOX
CANCER THERAPIES**

"Dr. Stengler and Dr. Anderson expertly provide clear, practical tools that can possibly save your life or someone close to you."

— **MICHAEL T. MURRAY, N.D.**,
co-author of *The Encyclopedia of Natural Medicine*

"Doctors Stengler and Anderson are trusted names in the field of natural medicine and integrative oncology. This book is an up-to-date resource for the patient who is seeking to be more studious and integrative in their approach, utilize the best of natural medicine, and integrate those therapies into a whole system."

— **TORI HUDSON, N.D.**,
author of *Women's Encyclopedia of Natural Medicine*

"Cancer is something that touches everyone's lives, and without a doubt, Dr. Stengler and Dr. Anderson have provided the best resource for beating it!"

— **SUZY COHEN, R.P.H.**,
syndicated columnist and best-selling author of *Thyroid Healthy*

"The well-researched and referenced protocols will be a life raft to thousands of people. Thanks to their collective work, I have had the privilege of applying most of the tools they have taught me into clinical and consulting practice, and it has truly been a game changer for the lives of many people otherwise given no hope."

— **NASHA WINTERS, N.D.**,
best-selling co-author of *The Metabolic Approach to Cancer*

"Anyone battling cancer who does not combine natural therapies with conventional oncology is playing with half a deck. You need to use the best of both worlds to get the best result. *Outside the Box Cancer Therapies* is the most comprehensive and well-referenced treatise I have ever read describing in detail how to do exactly that."

— **FRANK SHALLENBERGER, M.D.**,
president of the American Academy of Ozonotherapy and author of *The Ozone Miracle*



OUTSIDE THE BOX
CANCER THERAPIES

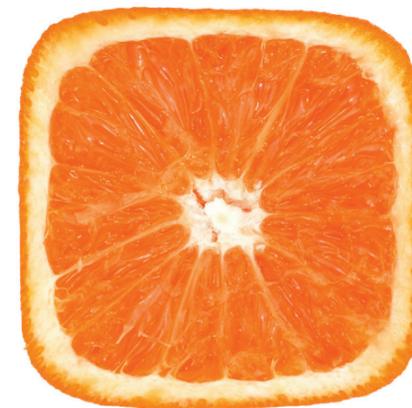


DR. MARK STENGLER
& DR. PAUL ANDERSON



ALTERNATIVE THERAPIES THAT
TREAT AND PREVENT CANCER

OUTSIDE THE BOX



CANCER
THERAPIES

DR. MARK STENGLER
& DR. PAUL ANDERSON

USA \$26.99

Publisher's Price Varies in Other Countries

With approximately 40 percent of men and women in the United States being diagnosed with cancer at some point in their lifetime, very few of us escape having cancer touch our lives in some way—whether it is our own or that of a loved one. Scientific research continues to prove the benefits of nutritional and holistic therapies, yet, for the most part, these approaches to treatment still remain unexplored by the conventional medical establishment. With integrative and holistic healing being sought after and supported by more and more of the general public and medical community for various elements of everyday life, it only makes logical sense to explore these therapies with regard to one of the most prevalent causes of death of our time.

In *Outside the Box Cancer Therapies*, naturopathic medical doctors Mark Stengler and Paul Anderson combine their expertise to focus on the most critical components of integrative oncology care. Supported by extensive research and decades of clinical experience, Dr. Stengler and Dr. Anderson thoroughly explain:

- the different types of cancer and their causes
- how proper nutrition can help to prevent and treat cancer
- the most well-studied supplements to use with cancer treatment
- cutting-edge naturopathic therapies, and natural solutions to common problems, such as the side effects of chemotherapy and radiation

With a clear and focused approach, Dr. Stengler and Dr. Anderson provide a definitive and comprehensive resource for anyone seeking to heal from cancer, or for professionals looking for the most cutting-edge, up-to-date integrative approaches to treatment.