

## Patient Profile: Baby Elena

**“The results are great with naturopathic medicine and the doctors really care.”**

When our three week old daughter, Elena, developed a painful scaly rash, my husband and I



tried everything to help her but it kept getting worse. Soon enough, she was covered from head to toe. She was suffering and her scratching was making her bleed. We changed the laundry detergent and her bath soap and followed our conventional doctor’s advice. Nothing helped, and to make matters worse, she had gastric distress and couldn’t keep any formula down. We didn’t know what to do or where to turn.

When she was a few months old, we took her to the SCNM Medical Center to see Dr. Matthew Baral. In her first visit, he prescribed a homeopathic remedy that improved her skin overnight. He also recommended a different formula and probiotics for her gastric distress and she started feeling better immediately. Within two

to three months, she was looking and feeling so much better.

Dr. Baral determined that Elena was allergic to soy and milk. He also quickly diagnosed her with a cranial condition; she had a flattened section in the back of her head that our primary care doctor hadn’t noticed. If Dr. Baral did not catch that, she never would have been treated.

Elena is 16 months old now and she is such a happy baby! With the help of Dr. Baral, we are better informed about dietary choices and are more cautious about introducing new foods for our little Elena. We are thankful to have such a caring and experienced doctor like Dr. Baral... he knew exactly how to treat Elena.

I’m amazed at the patient care my family has received in the SCNM Medical Center. The doctors spend so much time with the patients and they actually call to check in on your progress! The results are great with naturopathic medicine and the doctors really care.

**Make an appointment with the SCNM Medical Center today! Call 480.970.0000.**