

AANP 2019 BOARD NOMINATIONS

Biography

Rick Brinkman is a 1980 graduate of NCNM. He specialized in mind / body medicine and studied communication and how it can profoundly affect one's quality of life. He expanded to public practice becoming a trainer and professional speaker.

He has since performed over 4000 programs in 18 countries. His clients have included: the Astronauts at NASA, LucasFilm, Sony Pictures, the FBI, Defense Department, Blue Cross Blue Shield, and many more.

Dr. Brinkman is the coauthor of six McGraw Hill books including the 2,000,000+ copy international bestseller (25 languages): *Dealing with People You Can't Stand: How to Bring Out the Best in People at Their Worst*. His latest book is: *Dealing with Meetings You Can't Stand, Meet Less and Do More*.

He applied his communication and meetings skills to unite the AANP board into a highly effective team when he served for 7 years from 1994 through 2000 including 3 years as vice president, 3 years as president and 1 year as past president.

He has served on the New York Association of Naturopathic Physicians board since 2013 to present including a year as president. He has been the Treasurer on the AANP board for the last two years and served on the AANP's Executive Committee.



Dr. Rick Brinkman